

Narva Paemurru Spordikooli tunniplaan 2021-2022. a

Iluvõimlemise osakond

alates 21.03.2022

| nr. | Treeneri ees- ja perekonnanimi | rühm. nim. | näd. koorm. | esmaspäev | teisipäev | kolmapäev | neljapäev | reede | laupäev | pühapäev |
|-----|--|---------------|----------------|-------------|-------------|----------------------------|-------------|-------------|---------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 1 | Nadežda Zahharenkova vanemtreener- pedagoog | SM-4 | 12 | 16.30-18.45 | 16.00-17.30 | 16.30-17.15 18.00-19.00 | 17.15-19.00 | 17.15-19.00 | | |
| | | ÕT-5 | 10 | 15.00-16.30 | 17.30-19.00 | 15.00-15.45 17.15-18.00 | 16.30-17.15 | 15.45-17.15 | | |
| | | AE-3 | 8 | 14.15-15.00 | 14.30-16.00 | 14.15-15.00 | 15.00-16.30 | 14.15-15.45 | | |
| 2 | Nadežda Käsnapiü vanemtreener pedagoog | ÕT-4 | 8 | 16.30-18.00 | 16.30-18.00 | 16.30-18.00 | 16.30-18.00 | | | |
| | | ÕT-1 | 8 | 15.00-16.30 | 15.00-15.45 | 15.00-16.30 | 15.00-16.30 | 15.45-16.30 | | |
| | | AE-2 | 8 | 18.00-19.30 | 18.00-19.30 | | 18.00-19.30 | 16.30-18.00 | | |
| 3 | Olga Sonnikova treener pedagoog | ÕT-3 | 10 | 16.45-18.45 | 16.30-17.15 | 17.30-19.00 | 17.15-19.00 | 17.30-19.00 | | |
| | | ÕT-1 | 8 | 15.00-16.45 | 17.15-18.00 | 16.30-17.30 | 15.45-17.15 | 16.30-17.30 | | |
| | | AE-3 | 6 | | 18.00-18.45 | 15.00-16.30 | 15.00-15.45 | 15.00-16.30 | | |
| 4 | Diana Fedossenko vanemtreener- pedagoog | ÕT-5 | 8 | 16.00-16.30 | 17.15-18.00 | 16.15-18.00 | 17.30-19.15 | 16.45-18.00 | | |
| | | ÕT-4 | 12 | 16.30-19.00 | 15.00-17.15 | 15.00-15.45 | 15.00-17.30 | 15.45-16.45 | | |
| | | AE-1 | 4 | | 18.00-19.00 | 18.00-19.00 | | 18.00-19.00 | | |

Kooskõlastatud

T.Sementšenko
direktori asetäitja õppetöölal

S.Kirillova
instruktor-metoodik

| | | | | | | | | | | |
|-----|---|-----|------|-------------|-------------|-------------|-------------|-------------|-------------|--|
| 5 | Irina Seletskaja koreograaf - pedagoog 18t | Zah | SM-4 | 2 | | | 17.15-18.00 | 16.30-17.15 | | |
| | | Zah | ÕT-5 | 2 | | 15.45-16.30 | 16.30-17.15 | | | |
| | | Zah | AE-3 | 3 | 15.00-15.45 | | 15.00-15.45 | 14.15-15.00 | | |
| | | Son | OT-3 | 2 | | 14.15-15.45 | | | | |
| | | Son | OT-1 | 1 | | | | 15.00-15.45 | | |
| | | Son | AE-3 | 1 | | | | 15.45-16.30 | | |
| | | Käs | ÕT-4 | | | | | | | |
| | | Käs | ÕT-1 | 2 | | 16.30-17.15 | | 17.15-18.00 | | |
| | | Käs | AE-2 | 1 | 17.15-18.00 | | | | | |
| | | Fed | ÕT-5 | 1 | 16.30-17.15 | | | | | |
| | | Fed | ÕT-4 | 2 | 15.45-16.30 | | 15.45-16.30 | | | |
| Fed | AE-1 | 1 | | 17.15-18.00 | | | | | | |
| 6 | Maria Blagova koreograaf - pedagoog 10t | Zah | SM-4 | 1 | | | | 16.30-17.15 | | |
| | | Zah | ÕT-5 | 1 | | | | 15.45-16.30 | | |
| | | Zah | AE-3 | 1 | | | | | 15.45-16.30 | |
| | | Son | OT-3 | 1 | | 15.45-16.30 | | | | |
| | | Son | OT-1 | | | | | | | |
| | | Son | AE-3 | 1 | | 17.15-18.00 | | | | |
| | | Käs | ÕT-4 | | | | | | | |
| | | Käs | ÕT-1 | 1 | | | | 16.30-17.15 | | |
| | | Käs | AE-2 | 1 | | | | 17.15-18.00 | | |
| | | Fed | ÕT-5 | 1 | | 16.30-17.15 | | | | |
| | | Fed | ÕT-4 | 1 | | | | | 15.00-15.45 | |
| Fed | AE-1 | 1 | | | | | 17.15-18.00 | | | |
| 7 | Ludmila Junussova klaverisaatja - pedagoog 14t | Zah | SM-4 | 2 | | | 17.15-18.00 | 16.30-17.15 | | |
| | | Zah | ÕT-5 | 2 | | 15.45-16.30 | 16.30-17.15 | | | |
| | | Zah | AE-3 | 2 | | | 15.00-15.45 | 14.15-15.00 | | |
| | | Son | OT-3 | 2 | | 14.15-15.45 | | | | |
| | | Son | OT-1 | 1 | | | | 15.00-15.45 | | |
| | | Son | AE-3 | 1 | | | | 15.45-16.30 | | |
| | | Käs | ÕT-4 | | | | | | | |
| | | Käs | ÕT-1 | 2 | | 16.30-17.15 | | 17.15-18.00 | | |
| | | Käs | AE-2 | | | | | | | |
| | | Fed | ÕT-5 | | | | | | | |
| | | Fed | ÕT-4 | 1 | | | 15.45-16.30 | | | |
| Fed | AE-1 | 1 | | 17.15-18.00 | | | | | | |

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